

H.E.L.P. in Tokyo 2023

A training course for managing relief operations in humanitarian crisis

1. Course overview/Objectives

H.E.L.P. – Health Emergencies in Large Populations - was created in 1986 by the International Committee of the Red Cross (ICRC), in partnership with the World Health Organization (WHO) and the University of Geneva. It aims to enhance professionalism in the response to health emergencies as a result of armed conflict, natural disasters and/or disease outbreaks, by equipping participants with the knowledge, the skills and the approach – based on scientific evidence, best practice and professional ethics – that humanitarian workers will need to make effective decisions and adapt their activities as needed. At present, the course is offered by the ICRC in partnership with different academic institutions, the WHO and National Red Cross and Red Crescent Societies in 8 countries around the globe: The USA, Iran, India, Cuba, Switzerland, Benin, Lebanon and Japan, and to date, it has been attended by over 4,500 health professionals and aid workers from about 160 countries.

In Japan, the Japanese Red Cross College of Nursing will be hosting the H.E.L.P. in Tokyo in collaboration with the ICRC and the Japanese Red Cross Society.

The H.E.L.P. in Tokyo 2023 seeks to train professionals in the principles and practice of humanitarian action in response to disasters and major health crisis, with a focus on health needs, public health and healthcare responses, humanitarian law and ethics; and contribute to academic training, research and development.

At the end of the course, the participants will be able to describe essential public health, health care, management, legal and ethical issues and approaches in humanitarian action, in order to make relevant and ethical decisions.

2. Dates: September 4-15, 2023 (excluding Sat.9th and Sun.10th)

3. Venue: Face-to-face (some sessions are held online)

Held at [Japanese Red Cross College of Nursing-Hiroo Campus](#) (Tokyo, Japan)*

*Since the course is held in Japan, please note that [visa](#) is required for participants from certain countries

4. Program/Contents (See Appendix I):

The course provides the public health tools necessary for making appropriate decisions in emergency situations involving large populations. The focus is on needs assessment, context analysis, planning and evaluation of activities, and on humanitarian principles and ethics in the practice of humanitarian action. The main topics include economic security, water and habitat, environmental health, communicable diseases and epidemiology, and other subjects.

During the course, the participants are encouraged to share their field experiences. The course prepares the ground for common approaches to public health among humanitarian organizations, thus contributing to better program coordination in emergency operations.

5. Participants:

The course is intended for professionals involved in humanitarian action, who have field experience and hold positions of responsibility in humanitarian operations, particularly the following: health professionals, such as doctors, nurses or nutritionists; public health officers and epidemiologists; water and environmental engineers; legal or policy advisers; and people with strategic and managerial responsibilities.

As held in Asia, the course in Tokyo will give priority to Asian candidates, particularly those working in countries affected by conflicts or natural disasters.

6. Working Language: English

7. Course Material:

Comprehensive course materials in soft copies will be provided to all participants as a part of their enrollment fees.

8. Certificate:

A Certificate of Participation is awarded upon completion of the course requirements.

9. Course Fees:

JPY 100,000, which must be paid in advance in Japanese Yen.

10. Application Procedure:

The number of participants is 25.

Please complete the application form on the following website:

<https://forms.office.com/r/GyLe7JCdZj>

Duly filled application forms must be submitted to the H.E.L.P. Administration Office by June 12, 2023. Upon the selection of participants, applicants will be informed of the result by email no later than June 30, 2023.

*The minimum number of participants required is 15.

11. Pre-Learning:

Selected participants are recommended to complete pre-learning online courses at the following websites, prior to the course starting date:

<https://www.coursera.org/learn/humanitarian-public-health>

<https://www.coursera.org/learn/humanitarian-public-health-2>

12. Meet and Greet & Rehearsal:

All selected participants may be requested to attend a Virtual Greet Meeting around August. The time and date will be informed with the selection result.

H.E.L.P. in Tokyo 2023 Administration Office

Japanese Red Cross College of Nursing

4-1-3, Hiroo, Shibuya-ku, Tokyo

150-0012, JAPAN

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E-mail: h.e.l.p._tokyo@redcross.ac.jp

H.E.L.P. in Tokyo 2023 Program

*As of Apr.28. Program content is subject to change.

| | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 |
|------|---------------------------------------------------------------------|--------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| | Mon /Sep.4 | Tue / Sep.5 | Wed / Sep.6 | Thu / Sep.7 | Fri / Sep.8 |
| 0900 | Registration Opening ceremony | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN |
| 0910 | H.E.L.P. Overview Setting the Scene 1 Ms. Val BELLINO ICRC | Public Health Engineering 1 Mr. Alexander HUMBERT ICRC | Public Health Engineering 3 Mr. Alexander HUMBERT ICRC | Nutrition & Livelihood 1 Dr. Mija-Tesse VERVERS Johns Hopkins Univ. | Nutrition & Livelihood 5 Dr. Mija-Tesse VERVERS Johns Hopkins Univ. |
| 1040 | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break |
| 1115 | Setting the Scene 2 Ms. VAL BELLINO ICRC | Public Health Engineering 2 Mr. Alexander HUMBERT ICRC | Public Health Engineering 4 Mr. Alexander HUMBERT ICRC | Nutrition & Livelihood 2 Dr. Mija-Tesse VERVERS Johns Hopkins Univ. | Nutrition & Livelihood 6 Dr. Mija-Tesse VERVERS Johns Hopkins univ. |
| 1225 | Lunch break | Lunch break | Lunch break | | Lunch break |
| 1330 | Program Cycle Management Ms. Val BELLINO ICRC | Health Care Dr. Osamu KUNII GHIT Fund | Public Health Engineering 5 Mr. Alexander HUMBERT ICRC | Nutrition & Livelihood 3 Dr. Mija-Tesse VERVERS Johns Hopkins Univ. | Non-Communicable Diseases Dr. Masamichi YOKOE JRCS |
| 1500 | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break |
| 1515 | Humanitarian Ethics ICRC | Health Care Dr. Osamu KUNII GHIT Fund | Staff Security Mr. Yukiya SAITO JRCS | Nutrition & Livelihood 4 Dr. Mija-Tesse VERVERS Johns Hopkins Univ. | Non-Communicable Diseases Dr. Masamichi YOKOE JRCS |
| 1645 | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break |
| 1715 | | | | | Mental Health & Psycosocial Support Ms. Miyuki AKASAKA Save the Children Japan |

JRCCN: Japanese Red Cross College of Nursing
ICRC: International Committee of the Red Cross
JRCS: Japanese Red Cross Society
JRCMC: Japanese Red Cross Medical Center
WHO: World Health Organization
UNFPA: United Nations Population Fund

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| | Day 6 | Day 7 | Day 8 | Day 9 | Day 10 |
|------|------------------------------------------------------------------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------|
| | Mon /Sep.11 | Tue / Sep.12 | Wed / Sep.13 | Thu / Sep.14 | Fri / Sep.15 |
| 0900 | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN | Review & Reflection ICRC and JRCCN |
| 0910 | Communicable Diseases 1 Dr. Yasuhiko KAMIYA Nagasaki Univ. | Data Collection, Analysis & Sharing Dr. Nobuyuki NISHIKIORI | Sexual and Reproductive Health Ms. Eiko NARITA UNFPA | Protection Dr. Masaaki OHASHI | Summary Exercises ICRC & JRCCN |
| 1040 | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break |
| 1115 | Communicable Diseases 2 Dr. Yasuhiko KAMIYA Nagasaki Univ. | Epidemiology Concepts for Use the Field Dr. Nobuyuki NISHIKIORI | Gender Based Violence Ms. Eiko NARITA UNFPA | Protection Dr. Masaaki OHASHI | Summary Exercises ICRC & JRCCN |
| 1225 | Lunch break | Lunch break | Lunch break | Lunch break | Lunch break |
| 1330 | Communicable Diseases 3 Dr. Yasuhiko KAMIYA Nagasaki Univ. | Epidemiology Surveillance and Early Warning System Dr. Nobuyuki NISHIKIORI | Health Care Services in Humanitarian Crisis 1 Dr. Masaharu NAKADE Osaka Red Cross Hosp. | International Humanitarian Law Ms. Katherine STEWART ICRC | Summary Exercises ICRC & JRCCN |
| 1500 | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break |
| 1515 | Communicable Diseases 4 Dr. Yasuhiko KAMIYA Nagasaki Univ. | Mass Casualty Management Dr. Morio IINO Tottori Univ. Hosp. | Health Care Services in Humanitarian Crisis 2 Dr. Masaharu NAKADE Osaka Red Cross Hosp. | Communication with the Media & Social Media ICRC | Course EvaluationClosing Ceremony |
| 1645 | Coffee break | Coffee break | Coffee break | Coffee break | Coffee break |
| 1715 | Communicable Diseases 5 Dr. Yasuhiko KAMIYA Nagasaki Univ. | Violence against Healthcare Val BELLINO ICRC | Protection Ms. Anaia KAMFFER ICRC | Summary Exercises ICRC & JRCCN | |

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