

H.E.L.P. in Tokyo 2021

Health Emergencies in Large Populations

A training course for managing relief operations in humanitarian crisis

1. Course overview/Objectives

H.E.L.P. – Health Emergencies in Large Populations - was created in 1986 by the International Committee of the Red Cross (ICRC), in partnership with the World Health Organization (WHO) and the University of Geneva. It aims to enhance professionalism in the response to health emergencies as a result of armed conflict, natural disasters and/or disease outbreaks, by equipping participants with the knowledge, the skills and the approach – based on scientific evidence, best practice and professional ethics – that humanitarian workers will need to make effective decisions and adapt their activities as needed. At present, the course is offered by the ICRC in partnership with different academic institutions, the WHO and National Red Cross and Red Crescent Societies in 8 countries around the globe: The USA, Iran, India, Cuba, Switzerland, Benin, Lebanon and Japan, and to date, it has been attended by over 4,500 health professionals and aid workers from about 160 countries. In Japan, Japanese Red Cross College of Nursing will be hosting the H.E.L.P. in Tokyo in collaboration with ICRC and Japanese Red Cross Society.

The H.E.L.P. in Tokyo 2021 seeks to train professionals in the principles and practice of humanitarian action in response to disasters and major health crisis, with a focus on health needs, public health and healthcare responses, humanitarian law and ethics; and contribute to academic training, research and development, in humanitarian action and health crisis.

At the end of the course, the participants will be able to describe essential public health, health care, management, legal and ethical issues and approaches in humanitarian action, in order to make relevant and ethical decisions.

2. Dates: November 15-26, 2021 (excluding the 20th and the 21st)

3. Venue: Virtual Course (Zoom)

4. Program/Contents (See Appendix I):

The course provides the public health tools necessary for making appropriate decisions in emergency situations involving large populations. The focus is on needs assessment, context analysis,

planning and evaluation of activities, and on humanitarian principles and ethics in the practice of humanitarian action. The main topics include economic security, water and habitat, environmental health, communicable diseases and epidemiology, and other subjects.

During the course, the participants are encouraged to share their field experiences. The course prepares the ground for common approaches to public health among humanitarian organizations, thus contributing to better program coordination in emergency operations.

5. Participants:

The course is intended for professionals involved in humanitarian action, who have field experience and hold positions of responsibility in humanitarian operations, particularly the following: health professionals, such as doctors, nurses or nutritionists; public health officers and epidemiologists; water and environmental engineers; legal or policy advisers; and people with strategic and managerial responsibilities.

As held in Asia, the course in Tokyo will give priority to Asian candidates, particularly those working in countries affected by conflicts or natural disasters.

6. Working Language: English

7. Course Material:

Comprehensive course materials in soft copies will be provided to all participants as a part of their enrollment fees.

8. Certificate:

A Certificate of Participation is awarded upon completion of the course requirements.

9. Course Fees:

JPY 60,000, which must be paid in Japanese Yen.

Reduction of course fees is available for applicants from non-OECD countries. Please ask for details.

10. Application Procedure:

The number of participants is, in principle, limited to 25*.

Please complete an application form on the following website:

https://forms.office.com/Pages/ResponsePage.aspx?id=6Dpb7FU6JE--Xfdy_0Qd-wknl1rceyNAqIZGcan5B0FUN1BOV0FESDVISDBHNjNLNVA5OEtLQUs1WC4u&lang=en

Duly filled application forms must be submitted to the H.E.L.P. Administration Office by September

24, 2021. Upon the selection of participants, applicants will be informed of the result by email no later than October 10, 2021.

*The minimum number of participants is 10.

11. Pre-Learning:

Selected participants are recommended to complete pre-learning online courses at the following websites, prior to the course starting date:

<https://www.coursera.org/learn/humanitarian-public-health>

<https://www.coursera.org/learn/humanitarian-public-health-2>

12. Meet and Greet & Rehearsal:

A one-hour virtual Meet and Greet & Rehearsal is scheduled for the 1st week of November 2021, which all selected participants are requested to attend. The time and date will be informed together with the selection result.

13. Other Requirements

- A stable internet connection and a web camera are essential.
- Connecting from a computer is recommended to achieve better performance and obtain best results out of the online-based course.
- The time commitment is extremely important: Please be sure that you have undisturbed time during the course hours.

H.E.L.P. in Tokyo 2021 Administration Office

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H.E.L.P. in Tokyo 2021 Program

*Program content is subject to change.

	Day1 Mon / Nov.15	Day 2 Tue / Nov.16	Day 3 Wed / Nov.17	Day 4 Thu / Nov.18	Day 5 Fri / Nov.19
0900	Welcome & Introduction ICRC; JRCS; JRCCN	Humanitarian Ethics ICRC		Data Collection Analysis & Sharing Dr. Keiko TAMURA, Niigata Univ.	Nutrition & Livelihood Support Mija-Tesse VERVERS, Johns Hopkins Univ.
0930	Setting the Scene ICRC			Epidemiology Concepts for Use in Early Warning Systems	
1000					
1030	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
1045	Program Cycle Management ICRC	Public Health Engineering ICRC	Health Care Services, including COVID-19 Dr. Nobuyuki NISHIKIORI, WHO	Dr. Keiko TAMURA, Niigata Univ.	
1115				Epidemiology Surveillance and Early Warning Systems	
1145	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break
1245	Legal Framework: International Humanitarian Law ICRC			Dr. Keiko TAMURA, Niigata Univ.	Non-Communicable Diseases Dr. Mineo NAKATSUKA, JRCMC
1315				Staff Security Yukiya SAITO, JRCS	
1345	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break
1400	Protection ICRC				
1430					
1500					

JRCCN: Japanese Red Cross College of Nursing
 ICRC: International Committee of the Red Cross
 JRCS: Japanese Red Cross Society
 JRCMC: Japanese Red Cross Medical Center
 WHO: World Health Organization
 UNFPA: United Nations Population Fund

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	Day 6	Day 7	Day 8	Day 9	Day 10	
	Mon / Nov.22	Tue / Nov.23	Wed / Nov.24	Thu / Nov.25	Fri / Nov.26	
0900	Nutrition & Livelihood Support Mija-Tesse VERVERS, Johns Hopkins Univ.	Communicable Diseases Dr. Yasuhiko KAMIYA, Nagasaki Univ.	Nutrition & Livelihood Support Mija-Tesse VERVERS, Johns Hopkins Univ.	Communication with the Media & through Social Media ICRC	Summary Exercise	
0930				Actors in Humanitarian Interventions /Coordination		
1000						
1030	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
1045				ICRC	Presentation, Group Work & Discussion	
1115				Mental Health & Psychosocial Support Miyuki AKASAKA, Save the Children Japan		
1145						
1245	Gender Based Violence Dr. Tomoko KUROKAWA, UNFPA		Mass Casualty Management Dr. Morio IINO, Tottori Univ. Hosp.	1215 Lunch break		
1315				Instructions for Summary Exercise		
1345	Coffee break	Coffee break	Coffee break	Coffee break	Coffee break	
1400	Sexual and Reproductive Health Dr. Tomoko KUROKAWA, UNFPA		Violence Against Healthcare ICRC	Summary Exercise	Course Evaluation & Closing Ceremony	
1430						
1500						

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